

PET-Xi CASE STUDY



Karen Ashton, 23, had lost all previous confidence and was at a loss with how to rediscover the fire inside. After receiving several setbacks during her job search, Karen's confidence was severely knocked, and she was put at a crossroads in her career.

Whilst on Universal Credit, Karen was referred to a PET-Xi course, giving her the opportunity to develop both confidence and work-related skills through the Positive Destinations course.

Support provided by PET-Xi

Skills Tutor Paul Coleman instantly formed a relationship with Karen, as he was able to highlight Karen's eagerness for development and the areas she wanted to improve despite her lack of confidence.

Throughout the duration of the course, Paul gave Karen the full support required to unlock her potential, which included staying late after sessions had finished to ensure work was completed to the highest standard.

The development in Karen's skillset and confidence was obvious for Paul to see following the 1 to 1 support and regular check ins.

Skills Tutor, Paul, said, "Karen has shown significant growth in her ability to collaborate with her peers and has demonstrated a newfound creativity that has enriched the team dynamics.

"While she initially struggled with public speaking and preferred working independently, she has made notable progress in stepping out of her comfort zone and engaging more confidently with others.

"Her improved communication skills have not only enhanced her team-work abilities but have also boosted her self-assurance.

"Karen's journey from hesitancy to actively participating and contributing to group tasks is truly commendable, and it is inspiring to see her embrace challenges and grow as a learner."

KAREN'S STORY



Paul Coleman



POSITIVE DESTINATIONS

Outcomes

Karen approached PET-XI whilst receiving benefits due to an unsuccessful job search knocking her confidence.

Tutor Paul provided the best support possible to help Karen complete the qualification which included staying behind after the session finished to complete the tasks. This support not only improved Karen's confidence but gave her a better understanding of the course.

The determination to improve her confidence and complete the qualification on time resulted in Karen finding that success she had been searching for post course.

Karen Ashton said, "Before I started PET-XI I was in receipt of Universal Credit and was looking to gain more skills that would help me get a job at the end of the course. I was rejected by pretty much every job application pre course and was at a loss as to why.

"The course helped me massively by gaining more confidence, especially with being surrounded by new people. The environment is different to what I expected as it is not like a school or college setting as those types of places don't suit me and I struggled when I was in education.

"The support that I got on the course was excellent and the opportunity to stay behind after the sessions finished allowed me to finish the work. Being able to ask for help while it was quiet after the class had finished allowed me to understand the subjects more.

"PET-XI have helped me gain confidence and different skills that I can use with in my new job. Just after finishing the Positive Destinations course, I had an interview at a dog groomer which was successful. I truly believe without the support provided by the PET-XI team; I wouldn't have been offered the job.

"I would like to say a big thank you to Kendall, Seth, and the rest of the gang for helping me out when I got stuck and being able to have someone to talk to if I needed to. I'll be grateful for my short time with the course, and I couldn't recommend any more than I have done. They are an amazing team kind caring loving and so helpful. A huge heartfelt thank you to everyone."

Together we work as one

Karen's programme was facilitated through the South Yorkshire Mayoral Combined Authority.

If you would like to do the same course as Karen we would love to hear from you!
To sign up call Kendall Clark on: 07876 832 094 or email: kclark@pet-xi.co.uk